



Campus Recreation

Group Fitness

Group Fitness Instructor Job Description



Position Overview:

- The role of the Group Fitness Instructor is to provide safe and effective group fitness instruction to participants promoting a commitment to healthier lifestyles and upholding the mission of Campus Recreation by creating a welcoming, inclusive environment. A successful group fitness instructor will stay current on industry information, attend meetings/ trainings, and retain participant interest with motivating classes and trainings. Group Fitness Instructors are overseen by the Group Fitness Manager and Coordinator of Fitness Programs.

Position Duties and Responsibilities:

- Instructors must plan and lead assigned classes employing safe, effective movement to maintain member interest to appropriate music upholding the goals and values of Campus Recreation.
- Instructors must be punctual and secure coverage for classes when unable to teach.
- Instructors must enforce policies established by the department and promote safety.
- Staff must be attentive to and report equipment issues to Group Fitness Manager and/or Coordinator.
- Instructors must be responsive/Sensitive to email or text message requests for availability (scheduling, co-worker's substitute needs, payroll issues).
- Staff are required to attend all meetings and trainings.
- Group Fitness staff are responsible for accurately tracking class attendance.

Qualifications:

- Instructors must commit to a minimum of 1 class per week to remain on the schedule.
- Instructors must possess and maintain a nationally recognized Group Fitness Instructor certification (AFAA, NETA, ACE, etc.) or a specialized fitness certification (Zumba, Les Mills, Yoga, Barre, Pilates, etc.)
- All Campus Recreation staff must certify and maintain skills in CPR/AED and First Aid for the Professional Rescuer (certification renewal provided by Campus Rec – must be within 30 days of being hired) and any other mandated trainings by Campus Rec.
- Applicants are expected to be well-spoken, personable, organized, self-motivated, team oriented, timely and responsible.
- Candidates must be able to check email/electronic communications daily.
- For safety reasons, candidates must be physically able to execute the format of class they plan to lead.

Supervisor: Coordinator, Fitness Programs
Contact Person: Assistant Director, Employee Experience
Email: CRSEmployment@towson.edu