

DIRECTIONS AND PARKING

7400 York Road, Towson, MD 21204

From the Beltway (I-695):

Take the Baltimore Beltway I-695 (toward Towson). Take exit 25 (Charles Street) south. Proceed 1.7 miles. Turn left on Towsontown Boulevard and proceed to the second traffic light, turning right onto Osler Drive. Turn left onto Cross Campus Drive. Turn right onto York Road. Proceed .4 miles. 7400 York Road will be on your right.



Visitor Parking:

Visitor Parking spaces are located to the rear of the building as you enter from York Road. Park in any space designated as “IWB Permit Parking Required”. **Your car needs to be on file with the University for visitor parking. If you have not informed the Institute for Well-Being of your car license plate state and number, please contact them at 410-704-7300 prior to your appointment.** Thank you.

