



Hussman Center for Adults with Autism Fall 2024 Programs

General information for all programs: If you have *never* attended a program at the Hussman Center or *have not attended in over 2 years* you are required to attend a Hussman Center Intake Meeting with the Hussman Center Staff. Sign up for an intake meeting here: <https://www.signupgenius.com/go/4090E48A4AB2CA4FB6-50372424-hussman> Please proceed to complete the [program interest process](#) before your scheduled intake meeting.

All Hussman Center programs include interaction with Towson University students who are there to learn about autism by engaging with program participants. Participants need to be able to join program activities without assistance from a 1-1 support person. For advice about program selection, please contact us @ hcaa@towson.edu or call 410.704.4486.

[CLICK TO FILL OUT THE PROGRAM INTEREST FORM](#) - LIVE Mid-August- Email and Facebook will be updated with information.

Please note that programs are not filled on a first come first-serve basis. Staff consider many factors when filling programs. We will do our best to get you a spot in your first or second choice. You will be notified by email by August 28th as to which program(s) has(have) room for you. You will be required to respond to that email by August 30th to confirm your program spot(s).

<u>Community Integration Programs:</u> These programs facilitate opportunities to engage in fun activities with Towson University undergraduate students who are participating in a diversity education course.	
Program Details	Program Description



<p>Craftsmanship Program Facilitator: Doug DeHaan, M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Monday Time: 9:30 - 11:00 AM Dates: September 9, 16, 23, 30 October 7 **This is a 5-week program** which begins in early September.</p> <p>Program Fee: \$190 Location: Hussman Center</p>	<p>Craftsmanship offers us an opportunity to create some props and other decorations for an upcoming event. It will also give us an opportunity to practice safety skills and construction skills. Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities.</p>
<p>Hussman Brunch Bunch Program Facilitator: Doug DeHaan, M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Monday Time: 11:30 AM - 1:30 PM Dates: September 16, 23, 30 October 7, 21, 28 November 4, 11, 18 December 2</p> <p>Program Fee: \$445 Location: Hussman Center</p>	<p>Hussman Brunch Bunch provides an opportunity for participants and TU students to plan for and bake or cook an item or two each week during the program. Participants will communicate with one another and work together to create menu items. Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities and meaningful discussions about wellness and other relevant topics.</p>
<p>Fitness - Monday Program Facilitator: Doug DeHaan, M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Monday Time: 2:45 – 4:15 PM Dates: September 16, 23, 30 October 7, 21, 28 November 4, 11, 18 December 2</p> <p>Program Fee: \$320 Location: IWB- Fitness Studio</p>	<p>Participants in this program will have the opportunity to socialize with peers while increasing motor skills, improving balance and coordination, increasing self-confidence and daily life skills and developing a stronger core and better trunk stability. Participants should be interested in getting a great workout. This is a beginner to intermediate level fitness class.</p>



<p>A Chance to Dance: Dance for Every Body! Program Facilitator: Kelly Zielinski, M.S. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Monday Time: 5:00- 6:30 PM Dates: September 16, 23, 30 October 7, 21, 28 November 4, 11, 18 December 2</p> <p>Program Fee: \$350 Location: IWB- Dance Studio</p>	<p>Participants take part in creative movement, movement games, do some free dancing together, and work in small groups and big groups to complete movement goals. The activities are designed to provide participants with a chance to express themselves in new ways, to improve motor coordination and sequencing, and to gain self-confidence while having an enjoyable time with others. Participants may have an opportunity to engage in an end-of program performance for their peers, friends and family.</p> <p>Note: music is played during this class.</p>
<p>Gaming Club Program Facilitator: Joshua Donaldson, M.S. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Monday Time: 6:00 - 7:30 PM Dates: September 16, 23, 30 October 7, 21, 28 November 4, 11, 18 December 2</p> <p>Program Fee: \$350 Location: Hussman Center</p>	<p>This program provides participants with an opportunity to build a sense of community with peers, strengthen interpersonal skills and deepen self-awareness. By engaging in board games, card games, video games, and other activities together, participants will also practice solving problems, learning with their peers and learning about their peers. They will make decisions which benefit the group. Participants should have an interest in joining the activities and socializing with others.</p>



<p>Trivia Program Facilitator: Cheryl Lyn Errichetti, MSW Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday Time: 5:00 - 6:30 PM Dates: September 17, 24 October 1, 8, 22, 29 November 5, 12, 19 December 3</p> <p>Program Fee: \$335 Location: Hussman Center</p>	<p>This program provides participants with an opportunity to test their knowledge in a fun, friendly and semi-competitive environment. By engaging in team-based trivia activities together, participants will learn with their peers and learn about their peers. They will make decisions which benefit the group. Participants should have an interest in joining the trivia-based activities and socializing with others.</p>
<p>Art Club Program Facilitator: Kari Curtis, M.S. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday Time: 5:00 - 6:30 PM Dates: September 17, 24 October 1, 8, 22, 29 November 5, 12, 19 December 3</p> <p>Program Fee: \$380 Location: Hussman Center</p>	<p>Participants in this art program work on art projects to express themselves and connect with others. Projects might include watercolor; drawing; collage; or art made from found objects. The emphasis of the program is on artistic expression, sharing ideas, compromising, and creating an artistic space together. Participants may have the opportunity to share their creations in an end of program art show. No prior art experience necessary.</p>
<p>Hussman Bakes Café Program Facilitator: Doug DeHaan, M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 11:30 AM - 1:30 PM Dates: September 18, 25 October 2, 9, 23, 30 November 6, 13, 20 December 4</p> <p>Program Fee: \$445 Location: Hussman Center</p>	<p>Hussman Bakes Café provides an opportunity for participants and TU students to plan for and bake an item or two each week during the program. Participants may or may not choose to market and sell their items to others at the IWB. In addition, this program provides participants with opportunities to practice and demonstrate community living skills (such as executive functioning, self-determination, initiation and motivation). Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities and meaningful discussions about wellness and other relevant topics.</p>



<p>Fitness - Wednesday Program Facilitator: Doug DeHaan, M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 2:45 – 4:15 PM Dates: September 18, 25 October 2, 9, 23, 30 November 6, 13, 20 December 4</p> <p>Program Fee: \$320 Location: IWB- Fitness Studio</p>	<p>Participants in this program will have the opportunity to socialize with peers while increasing motor skills, improving balance and coordination, increasing self-confidence and daily life skills and developing a stronger core and better trunk stability. Participants should be interested in getting a great workout. This is a beginner to intermediate level fitness class.</p>
<p>Recreational Activities Program Facilitator: Randy Holter, B.A. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 4:30 - 6:00 PM Dates: September 18, 25 October 2, 9, 23, 30 November 6, 13, 20 December 4</p> <p>Program Fee: \$315 Location: Hussman Center</p>	<p>Participants in this program will have the opportunity to engage in recreational activities both outdoors and indoors. Activities may include Corn Hole, Bocce Ball, Can Jam, Yardzee, Yarkle, Mega Jenga, Ladder Toss, Ring toss etc. Alternative activities such as Jeopardy, Trivia, Bingo, or Family Feud will be played in the instances of bad weather or extreme temperatures.</p>
<p>Healthy Relationships Program Facilitator: Destiny Varnedoe, B.S. Program Supervisor: Brittany Bunch MSW</p> <p>Day: Wednesday Time: 5:30 – 7:00 PM Dates: September 18, 25 October 2, 9, 23, 30 November 6, 13, 20 December 4</p> <p>Program Fee: \$350 Location: Hussman Center</p>	<p>Participants work collaboratively to learn about relationships within various contexts to include effective communication, healthy conflict, establishing boundaries, the impact of substance use on relationships, navigating intimacy, and investing in self-care along the way through discussion and experiential activities.</p>

<p>Write and Act Program Facilitator: Max Hambleton Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Thursday Time: 3:00 - 4:30 PM Dates: September 19, 26 October 3, 10, 24, 31 November 7, 14, 21 December 5</p> <p>Program Fee: \$315 Location: Hussman Center</p>	<p>Acting group provides opportunity for participants to work on different scripts and acting techniques focusing on the 2 cornerstones of acting” Voice & Body, Emotional Life, Imagination, and Script Analysis. This course will provide an opportunity to improve feelings of anxiety and stress while you have fun becoming someone else.</p>
<p>Self-Management Program Facilitator: Joy Johnson, M.Ed., M.S., BCBA, LBA, IBA Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Thursday Time: 5:00 - 6:30 PM Dates: September 19, 26 October 3, 10, 24, 31 November 7, 14, 21 December 5</p> <p>Program Fee: \$315 Location: Hussman Center</p>	<p>This program will support participants with managing their self-confidence and self-esteem across different areas of life. We will use fun and playful activities combined with structured group lessons and relaxation exercises to teach skills for living life with less stress. We will explore common challenges, discuss potential vulnerabilities, and share suggestions and guidance related to managing feelings, emotions and behaviors when encountering difficult situations.</p>
<p>Everybody’s a Critic Program Facilitator: Ryan Permison, B.S. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Friday Time: 2:00 - 3:30 PM Dates: September 20, 27 October 4, 11 November 1, 8, 15, 22 December 6 *9 week program*</p> <p>Program Fee: \$285 Location: Hussman Center</p>	<p>Participants will learn how to be a film critic in today's world since we have access to the internet that contains many sources on what movies are coming out or how to stream classic films. Participants will learn how to critique and analyze in a fair and respectful manner while also giving their honest opinion on the film's structure and other aspects. We will discuss movies we have enjoyed in the past and discover how we see them differently today.</p>



<p>Unified Sports- Soccer Program Facilitator: Connor O’Chuida Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 7:00-8:00PM</p> <p>Dates: September 11, 18, 25 October 2, 9, 16 *6 Week Program* *Begins 9.11.24*</p> <p>Program Fee: \$90 Location: Burdick Field- ON CAMPUS</p>	<p>This program is specifically designed as an opportunity for individuals to engage in Unified recreational activities both indoors and outdoors on the campus of Towson University. This group will specifically focus on Soccer for 6 weeks. Participants must have an interest in practicing and playing soccer.</p>
<p>Unified Sports- Flag Football Program Facilitator: Connor O’Chuida Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 7:00-8:00PM</p> <p>Dates: October 23, 30 November 6, 13, 20 December 4 *6 Week Program* *Begins 10.23.24*</p> <p>Program Fee: \$90 Location: Burdick Field- ON CAMPUS</p>	<p>This program is specifically designed as an opportunity for individuals to engage in Unified recreational activities both indoors and outdoors on the campus of Towson University. This group will specifically focus on Flag Football for 6 weeks. Participants must have an interest in practicing and playing flag football.</p>

Clinical Collaboration Programs:

These programs are facilitated in collaboration with Towson University’s Occupational Therapy and Speech-Language Pathology departments. These programs provide an opportunity to have fun engaging with students in various activities while gaining skills necessary to live independently.



<p>Work Possibilities - Wednesday Program Facilitator: Matthew Burger M.S., OTR/L Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 9:30 – 11:30 AM Dates: September 18, 25 October 2, 9, 23, 30 November 6, 13, 20 December 4</p> <p>Program Fee: \$420 Locations: Hussman Center and Towson University Campus</p>	<p>The Work Possibilities program provides participants an opportunity to practice workplace social and communication skills while trying a rotation of jobs around the Towson University campus. While the Work Possibilities program does not provide vocational services, activities are designed to help individuals who are preparing to enter a vocational training program soon, who are actively looking for a job, or who have encountered challenges at work previously by strengthening readiness for training and employment. Some classes take place at the Hussman Center, and most work sites are located on the TU campus and nearby community. Participants are responsible for providing their own transportation to and from the Towson University campus and must be able to get to the various worksites independently.</p>
<p>Work Possibilities - Friday Program Facilitator: Matthew Burger M.S., OTR/L Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Friday Time: 12:30 – 2:30 PM Dates: September 20, 27 October 4, 11 November 1, 8, 15, 22 December 6 *9 week program* Program Fee: \$380 Locations: Hussman Center and Towson University Campus</p>	<p>The Work Possibilities program provides participants an opportunity to practice workplace social and communication skills while trying a rotation of jobs around the Towson University campus. While the Work Possibilities program does not provide vocational services, activities are designed to help individuals who are preparing to enter a vocational training program soon, who are actively looking for a job, or who have encountered challenges at work previously by strengthening readiness for training and employment. Some classes take place at the Hussman Center, and most work sites are located on the TU campus and nearby community. Participants are responsible for providing their own transportation to and from the Towson University campus and must be able to get to the various worksites independently.</p>
<p>Cooking 1 Program Facilitator: Derek Piggot, MOT, OTR/L Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday Time: 5:30 – 7:30 PM Dates September 17, 24 October 1, 8, 22, 29 November 5, 12, 19 December 3</p> <p>Program Fee: \$445 Location: Hussman Center</p>	<p>This program provides the participants with opportunities to engage with one another in learning about the basics of the meal preparation process, including safety in the kitchen, planning for and making meals, clean-up, and food safety. Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities and meaningful discussions about wellness and other relevant topics.</p>



<p>Cooking 2 Program Facilitator: Derek Piggot, MOT, OTR/L Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Thursday Time: 5:30 – 7:30 PM Dates: September 19, 26 October 3, 10, 24, 31 November 7, 14, 21 December 5</p> <p>Program Fee: \$445 Location: Hussman Center</p>	<p>This program focuses on intermediate level meal preparation. Through a variety of educational discussions and hands-on activities related to budgeting for meal prep, use of different cooking modalities/appliances, nutrition and wellness, and other related skills, participants will plan for and prepare a meal each week during the program. In addition, this program provides participants with opportunities to practice and demonstrate community living skills (such as executive functioning, self-determination, initiation and motivation) by choosing and preparing a meal (or a part of a meal) at home and discussing the experience during the program each week. To join this program, participants must have prior meal prep experience and be able to engage in meal prep at home with support as needed.</p>
<p>Communication in the Community Program Facilitator: Carly Donnelly, M.Ed., CCC-SLP Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 2:00 – 3:30 PM Dates: September 18, 25 October 2, 9, 23, 30 November 6, 13, 20 December 4</p> <p>Program Fee: \$330 Location: Hussman Center</p>	<p>Participants and TU students work as a team to plan three community outings. The program will focus on exploring and comparing activity options, making decisions as a group, budgeting, planning and preparing activities, problem solving, communication, and self-advocacy. Participants will meet to plan activities.</p> <p>*Participants will attend up to 4 outings across the 10 weeks and are required to pay for those experiences.</p>