

Towson University Psychology Department

Undergraduate Clinical/Counseling Area of Focus

The Psychology Department offers an undergraduate clinical/counseling focus option that provides students with an opportunity to develop applied clinical and counseling skills. This three-term program (15 units) includes psychology courses and internship experiences designed specifically for undergraduate students with an interest in clinical, counseling, social work and similar disciplines who may be interested in graduate studies after earning a bachelor's degree in psychology. Students are recruited in the Fall semester of the junior year to begin the program in the spring semester, after completing an application packet and meeting with the program director.

SEQUENCE OF COURSES:

For Spring 2026 Cohort:

Apply: Fall Semester of Student's Junior Year: by mid-October

Term One – Spring Semester Junior Year

- PSYC 439 Initial Interview (3 units)
- PSYC 433 Group Dynamics (3 units)

Term Two – Fall of the Student's Senior Year

- PSYC 453 Issues in Mental Health Intervention (3 units)
- PSYC 454 Internship in Psychotherapy (3 units)

Term Three– Spring of the Student's Senior Year at Towson

- PSYC 454 Internship in Psychotherapy (3 units; continuation of the prior semester's internship placement)

Additional Suggested Course: PSYC 430 Systems and Techniques of Psychotherapy

ADMISSION CRITERIA

For a student to be admitted into the Clinical/Counseling Focus Program, the following criteria must be met by the spring semester of the junior year:

1. Completion of PSYC 205 (Introduction to Helping Relationships) **AND** PSYC 261 or 361 (Abnormal Psychology/Psychopathology). Strong applicants who are currently enrolled in either prerequisite course may be admitted into the program if they will have completed the prerequisite courses with a B or better by start of the program.
2. A minimum cumulative GPA of 3.4 and a Psychology GPA of 3.6.
3. Completion of the Program application.

4. An individual interview with the Program Director to determine student's ability to complete the program.

APPLICATION PROCEDURE

If you meet these requirements, pick up an application packet from the Psychology Department office (LA 2210) or download an application from the website.

Email your application to (szipp@towson.edu) or turn it into the Psychology Department NO LATER THAN October 24th. **Late applications WILL NOT BE ACCEPTED.**

Please note: This program is for Spring admission only; applications will only be taken in the Fall.

ADDITIONAL QUESTIONS?

To have your questions answered, email Samantha Zipp Dowd, MS, LCPC Program Director, at szipp@towson.edu, (410) 704-5471 or CLA 2148.