

JONATHAN F. MATTANAH
Curriculum Vitae

Work: Department of Psychology
Towson University
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EDUCATION

May, 1999 Ph.D. in Clinical Psychology, University of California at Berkeley

May, 1995 M.A. in Clinical Psychology, University of California at Berkeley

May, 1991 B.A. in Psychology (*cum laude*), Yale University

WORK EXPERIENCE

Sept, 2011-Present Professor & Director, Psychology Honors Thesis Program, Towson University.
Teach the following undergraduate courses: Abnormal Psychology, Advanced Experimental Design, Attachment Across the Lifespan, Behavioral Statistics, Family Psychology and Family Therapy, Family Relations, Human Development, Honors Seminar in Psychology, Honors Capstone in Psychology, Introduction to the Helping Relationship, Personality, Psychology and the Arts, Systems and Techniques of Psychotherapy, and Research Methods. Teach the following graduate courses: Advanced Abnormal Psychology and Advanced Personality Assessment.

2004-May 2011 Associate Professor, Psychology Department, Towson University.

Fall 2005- Sp. 2008 Faculty Fellow, Honors College, Towson University.
Taught introductory courses in the honors college and developed three new interdisciplinary seminars (The Legacy of Psychoanalysis; Children's Literature: Psychological and Literary Perspectives; A History of Childrearing). Served as a First-Year Experience (FYE) advisor to freshmen honors students. Assisted in enhancing the honors college through developing the Honors College Student Council and newsletter of honors college activities. Assisted in review of applications for special programs within the honors college (study abroad, new course development, etc.).

- Jan.-June, 2007 Interim Associate Dean, The Honors College, Towson University.
Made all admission decisions of new students into the honors college; involved with recruitment of students at Destination Towson and other events; maintained academic records of current honors students and determine students' academic standing within the college; assisted in hiring Director of Academic Operations for the honors college; oversaw academic advising program within the honors college. Coordinated and officiated at Spring Convocation ceremony.
- 1999-2004 Assistant Professor, Towson University.
- 1997-1998 Lecturer, University of California at Berkeley. Taught Introduction to Psychology.
- 1992-1997 Graduate Student Assistant, University of California at Berkeley.
Assisted in teaching Introduction to Clinical Psychology, Developmental Psychopathology, Introduction to Personality Psychology, and Biological Basis of Human Dysfunction.

GRANTS AND AWARDS

Distinguished Departmental Full Faculty Award, Towson University. Teaching prize awarded in recognition of excellence in undergraduate teaching, April, 2012.

Faculty Development and Research Committee, Towson University, Research Award:
Awarded \$3880 for a research project entitled the *Roommate Relationship Study*, Spring, 2012.

Faculty of the Year Award, Towson University Honors College. Teaching prize awarded in recognition of excellence in undergraduate teaching, May 3, 2009.

Faculty Development and Research Committee, Towson University, Research Award:
Awarded \$3680 for the follow-up component of the *Transition to Towson Study*, Jan., 2008.

Distinguished Faculty Award, Towson University Chapter of Psi Chi. Teaching prize awarded in recognition of excellence in undergraduate teaching, April, 2005.

Faculty Development and Research Committee, Towson University, Research Award:
Awarded \$4176.00 for a research project, entitled the *Transition to Towson Study*, October, 2004.

Institute for Applied Cognition and Teaching, Towson University, Research Award:
Awarded \$1600.00 for continuation of research project, entitled the Longitudinal College Student Adjustment Study, April, 2002.

Distinguished Faculty Award, Towson University Chapter of Psi Chi. Teaching prize awarded in recognition of excellence in undergraduate teaching, April, 2001.

College of Liberal Arts, Towson University, Research Grant: Seed grant to support scholarly research on campus, Spring 2001. Award: \$500.00.

National Research Service Award (NRSA) Predoctoral Fellowship, National Institute of Health: Two-year pre-doctoral grant awarded for dissertation research, 1996-1998 (Priority Score: 107 [5%ile]). Award: \$28, 000.

Outstanding Graduate Student Instructor Award, University of California at Berkeley: Teaching prize awarded in recognition of excellence in undergraduate teaching, December, 1995.

University Fellowship, University of California at Berkeley: One-year pre-doctoral fellowship awarded for graduate study, 1994-1995. Award: \$14,000.

David Pilon Honorary Scholarship, American Psychological Association of Graduate Students: Special scholarship awarded to obtain additional clinical training, 1994. Award: \$2,200.

PUBLICATIONS

Mattanah, J. F., Brooks, L., Brand, B., Quimby, J., & Ayers J (2012). A social support intervention and academic achievement in college: Does perceived loneliness mediate the relationship? *Journal of College Counseling, 15*, 22-36.

Mattanah, J. F., Lopez, F. G., & Govern, J. M. (2011). The Contributions of Parental Attachment Bonds to College Student Development and Adjustment: A Meta-Analytic Review. *Journal of Counseling Psychology, 58*, 565-596.

Mattanah, J.F., Ayers, J., Brand, B., Brooks, L., Quimby, J., & McNary, S. (2010). A social support intervention to ease the college transition: Exploring main effects and moderators. *Journal of College Student Development, 51*, 93-108.

Mattanah, J.F. (2010). A contemporary psychological understanding of Mr. Toad and his relationships in *The Wind in the Willows*. In J. Horne & D. White (Eds.), *Kenneth Grahame's The Wind in the Willows: A Children's Classic at 100*. Lanham, MD: Scarecrow Press.

Mattanah, J. F. (2005). Authoritative parenting and the encouragement of children's autonomy. In P. Cowan, C. P. Cowan, J. Ablow, V. Johnson, J. Measelle, (Eds.), The Family Context of Parenting in Children's Adaptation to Elementary School, (pp. 119-138). Mahwah, NJ: Lawrence Erlbaum.

Mattanah, J.F., Pratt, M.W., Cowan, C.A., & Cowan, C.P. (2005). Authoritative parenting, parental scaffolding of long-division mathematics, and children's academic competence in fourth grade. Journal of Applied Developmental Psychology, 26, 85-106.

Mattanah, J. F. Hancock, G., & Brand, B. L. (2004). Parental attachment, separation-individuation, and college student adjustment: a structural equation analysis of mediational effects. Journal of Counseling Psychology, *51*, 213-225.

Mattanah, J. F. (2001). Parental psychological autonomy and children's academic competence and behavioral adjustment in late childhood: More than just limit-setting and warmth. Merrill-Palmer Quarterly, *47*, 355-376.

Levy, K. N., Becker, D. F., Grilo, C. M., **Mattanah, J. F.**, Garnet, K. E., Quinlan, D. M., Edell, W. S., & McGlashan, T. H. (1999). Concurrent and predictive validity of the personality disorder diagnosis in adolescent inpatients. American Journal of Psychiatry, *156*, 1522-1528.

Mattanah, J.F. (1998-9). Putting child autonomy in social contexts [Review of the book Children's autonomy, social competence, and interaction with adults and other children: Exploring connections and consequences]. Imagination, Cognition, and Personality, *18*, 87-91.

Mattanah, J.F., Becker, D.F., Levy, K.N., Edell, W.S., and McGlashan, T.H. (1995). Diagnostic stability in hospitalized adolescents followed up two years later. American Journal of Psychiatry, *152*, 889-894.

Garnet, K.E., Levy, K.N., **Mattanah, J.F.**, Edell, W.S., and McGlashan, T.H. (1995). "Adolescent borderline personality disorder": Reply. American Journal of Psychiatry, *152*: 1538.

Garnet, K.E., Levy, K.N., **Mattanah, J.F.**, Edell, W.S., and McGlashan, T.H. (1994). Borderline personality disorder in adolescents: Ubiquitous or specific. American Journal of Psychiatry, *151*: 1380-1382.

REFEREED CONFERENCE PRESENTATIONS: NATIONAL AND INTERNATIONAL

Krakoff, T. & Mattanah, J. F. (August, 2013). Anxious Attachment and Loneliness in Emerging Adulthood: The Mediating Role of Social Skills. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

Imrisek, S., Mattanah, J.F., Steinberg, J. Bouvalong, J., Clemente, M., Huber, K., Krakoff, & Lomash, E. (May, 2013). Predicting Problematic Alcohol-Use Among College Students from Anxious Attachment, Depressive Affect, and Drinking to Cope Motivations. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

Lomash, E., Krakoff, T., Mattanah, J. F., Huber, K., Steinberg, J., Boualavong, J., & Clemente, M. (April, 2013). The effects of social support and social initiation skills on depression, loneliness, and alcohol problems among first-year college students. Poster presented at the bi-annual meeting of the Society for Research on Child Development, Seattle, WA.

Steinberg, J, Boualavong, J., Clemente, M., Huber, K., Krakoff, T., Lomash, E., & Mattanah, J. F., (April, 2013). The role of attachment styles and academic coping behaviors in predicting academic adjustment to college. Poster presented at the bi-annual meeting of the Society for Research on Child Development, Seattle, WA.

Huber , K., Mattanah, J. F., Krakoff, T., Steinberg, J, Lomash, E., Clemente, M., & Boualavong, J. (April 2013). Development of close relationships in emerging adulthood: Dyadic perspectives among first-year college roommates. Poster presented at the bi-annual meeting of the Society for Research on Child Development, Seattle, WA.

Huber , K., Mattanah, J. F Steinberg, Boualavong, J, Clemente, M., Krakoff, T., & Lomash, E. (April 2013). Parenting Styles & Practices Predict Academic Adjustment among College Freshmen. Paper presented at the bi-annual meeting of the Society for Research on Child Development, Seattle, WA.

LeQuang, N., **Mattanah, J.F.**, & Brand, B. (November, 2011) Longitudinal effects of trauma exposure on college student adjustment: Moderation by attachment status. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies in Baltimore, MD.

LeQuang, N., **Mattanah, J.F.**, & Brand, B. Trauma exposure and parental and romantic attachment as predictors of college adjustment: A longitudinal study (October, 2011). Paper presented at the annual meeting of the Society for Emerging Adulthood, Providence, RI.

Louie, B.B. & **Mattanah, J.F.** Parental communication quality as a mediator between attachment and personal-emotional adjustment in college: A diary study (October, 2011) Symposium on Family Communication Patterns and Functioning in Adults presented at the annual meeting of the Society for Emerging Adulthood, Providence, RI.

Louie, B.B. & **Mattanah, J.F.** Attachment in emerging adults and its relation to parental communication patterns and college Adjustment (October, 2011). Poster presented at the annual meeting of the Society for Emerging Adulthood, Providence, RI.

Mattanah, J.F., Lopez, F., & Govern, J. (2011, March). Parental attachment representations and college student adjustment: A meta-analysis. Poster presented at the bi-annual meeting of the Society for Research on Child Development, Montreal, Canada.

Mattanah, J.F., Brand, B., Brooks, L., Quimby, J., & Ayers J. (2011, March). Predicting loneliness in emerging adulthood from late adolescent parental and peer attachment. Paper presented at the bi-annual meeting of the Society for Research on Child Development, Montreal, Canada.

Krum, T., Costley, L., **Mattanah, J.**, Ayers, J., Brand, B., Brooks, L., & Quimby, J. L. (2009, August). Longitudinally predicting attrition among first and second year college students.

Poster presented at the 117th convention of the American Psychological Association, Toronto, Canada.

Mattanah, J., Brand, B., Brooks, L., Quimby, J. L., & Ayers, J. (2009, April). Parental, peer, and romantic attachment and adjustment during the high school-college transition: A longitudinal look. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Denver, CO.

Quimby, J. L., **Mattanah, J.**, Brooks, L., Brand, B., & Ayers, J. (2008, August). A mediational model of academic adjustment among transitioning college students. Poster presented at the 116th convention of the American Psychological Association, Boston, MA.

Mattanah, J.F. (2008, March). Tracking development, change, and adjustment during the transition from late adolescence to emerging adulthood. Organized and **chaired** this symposium at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL.

Mattanah, J.F., Quimby, J., Brand, B., Brooks, L., & Ayers J. (2008, March). Stability and predictive power of parental attachment during the transition from high school to college. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL.

Wydra, M., **Mattanah, J.F.**, & O'Brian, K. (2008, March). Understanding healthy adoptive family functioning: Adoption disclosure. Poster presented at the annual meeting of the International Counseling Psychology Conference, Chicago, IL.

Mattanah, J. F. (2007, June). Journey into the Wilderness: An Object-Relations Perspective on William Steig's Children's Books. Paper presented at the annual conference of the Children's Literature Association, Newport News, VA.

Mattanah, J. F. (2006, March). Helping students adjust to college their first year: Contexts for intervention and results of intervention research. Chair of symposium at the bi-annual meeting of the Society for Research on Adolescence, San Francisco, CA.

Ayers, J. F., **Mattanah, J. F.**, Brooks, L., Quimby, J., & Brand, B. L. (2006, March). Results of a psychosocial intervention program to facilitate adjustment to college. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, San Francisco, CA.

Brooks, L., **Mattanah, J. F.**, Ayers, J. F., Quimby, J., & Brand, B. L. (2006, March). An intervention program to enhance college adjustment: Moderating effects of gender, attachment status, and anxious expectations. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, San Francisco, CA.

McNary S.W., Brand B.L., & **Mattanah, J.** (2006, March). PTSD symptom differences between women and men may be explained by differential exposure to events. Paper presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.

Mattanah, J. F. & Brand, B. L. (2005, April). Parent-adult attachment style: Construct validation and links with college student adjustment. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Atlanta, GA.

Mattanah, J. F. & Brand, B. L. (2005, April). Family relations in freshmen year predict junior year college adjustment: A longitudinal inquiry into the transition to college. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Atlanta, GA.

Hagen, W., Meinzer, C., **Mattanah, J.**, Ayers, J., Brand, B., Brooks, L., Bahl-Long, A., & Quimby, J. (2005, March). Security of Attachment and Expectations for College Adjustment. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Brand, B. L., **Mattanah, J.F.**, & McNary, S. (2004, November). The relationship between trauma and attachment in adjusting to college. Poster presented at the annual meeting of the International Society for the Study of Dissociation, New Orleans, LA.

Terry, C., **Mattanah, J. F.**, & Brand, B. (2003, April). Attachment Bonds to Mothers, Fathers, and Peers: Compensatory Effects on College Adjustment. Paper presented at the bi-annual meeting of the Society for Research in Child Development, Tampa Bay, FL.

Terry, C., **Mattanah, J. F.** & Brand, B. (2003, March). Security of Attachment to Mothers, Fathers, and Peers: Implications for Separation-Individuation and College Adjustment. Paper presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.

Brand, B. & **Mattanah, J.F.** (2002, November). The Effects of Attachment and Trauma on College Student Adjustment. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Brand, B., **Mattanah, J.**, Couacaud, K., Vermetten, E., & Loewenstein, R. (2002, November). Object Relations and Social Cognition of Severely Dissociative Patients: A TAT Analysis. Paper presented at the annual meeting of the International Society for the Study of Dissociation, Baltimore, MD.

Mattanah, J. F. and Wintre, M. G. Co-Chairs of a symposium entitled Predictors of Adjustment and Success at University: From the Transition in First-Year to Graduation, (2002, April). Set of papers presented at the annual meeting of the Society for Research in Adolescence, New Orleans, LA,

Mattanah, J. F., and Brand, B. Attachment to Parents, Peers, and Romantic Partners: Implications for healthy separation and adjustment to college (2002, April). Paper presented at the annual meeting of the Society for Research in Adolescence, New Orleans, LA.

Brand, B., **Mattanah, J.F.**, Woods, H., Krajewski, A., & Whitehead, M. (2001, December). The Relationship Between Trauma Exposure, PTSD Symptoms, and Adjustment to College. Poster presented at the annual meeting of International Society for Traumatic Stress Studies, New Orleans, LA.

Mattanah, J.F., Brand, B., Woods, H., Krajewski, A., Whitehead, M., & Parks, J. (2001, April). The combined effects of attachment and separation in predicting adjustment to college. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Minneapolis, MN.

Gerber, E., & **Mattanah, J. F.** (2001, April). What parents think & do matters: Girls' lower academic achievement over time. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Minneapolis, MN.

Mattanah, J. F. (2001, April). Parents' effective scaffolding of children's homework predicts academic competence in the fourth grade. Paper presented at the annual meeting of the American Educational Research Association, Seattle, WA.

Mattanah, J.F. (2000, March). Authoritative parenting and academic competence in the fourth grade: The mediating role of effective scaffolding behavior. Paper presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.

Mattanah, J. F. (1998, August). Family decision-making and children's social adjustment: The issue makes a difference. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Mattanah, J. F. (1997, March). The importance of parental autonomy encouragement in children's social competence. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Washington, D.C.

Mattanah, J. F. (1997, March). Parent's concepts about the developmental process: Links with authoritative parenting and children's social competence. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Washington, D.C.

Nigg, J. T., **Mattanah, J. F.**, & Hinshaw, S. P. (1996, January). Parent personality and parenting behaviors in relation to antisocial behaviors of children with ADHD. Poster presented at the annual meeting of the Society for Research in Child and Adolescent Psychopathology, Santa Monica, CA.

Mattanah, J. F., & Hinshaw, S. P. (1995, March). Parent-child interactions and antisocial behavior in boys with attention-deficit hyperactivity disorder. Poster presented at the bi-annual meeting of the Society for Research in Child Development, Indianapolis, IN.

Mattanah, J.F., Edell, W. S., & McGlashan, T. H. (1993, May). Stable and unstable adolescent borderline diagnoses. Poster presented at the annual meeting of the American Psychiatric Association, San Francisco, CA.

Edell, W. S., McGlashan, T. H. & **Mattanah, J. F.** (1993, May). Short and long hospital treatments for adolescents. Poster presented at the annual meeting of the American Psychiatric Association, San Francisco, CA.

Mattanah, J. F., Edell, W. S., & McGlashan, T. H. (1992, November). Instability of psychiatric diagnoses in adolescent patients two years post-hospitalization. Poster presented at the annual meeting of the Society for Research in Psychopathology, Palms Springs, CA.

RESEARCH ACTIVITIES

The Roommate Relationship Study (2012-present)– Cross-sectional sample of first-year undergraduate students were recruited to examine links between parental relationships, roommate relationships, friendships, and multiple dimensions of college adjustment, including anxiety, depression, academic adjustment, and problematic drinking behavior. Study recruited first-year students in pairs, with their roommates, and participants completed surveys about themselves and about their roommates, provide a rich set of dyadic data. Data collection also included a narrative assessment measure of adult attachment secure-base scripts. Study is ongoing and has been supported by funding from the FDRC.

Parental Attachment Bonds and College Student Development and Adjustment: A Meta-Analysis (2008-2011)– Reviewed 150 studies that have been examined links between attachment to parents and multiple dimensions of college adjustment. Manuscript based on these analyses published in the *Journal of Counseling Psychology*.

The Transition To Towson Study (2005-2011): Longitudinal, experimental study examining adjustment of emerging adults during significant life transition. Included an experimental component in which half the sample was given a 10-week social support group during their first semester in college. Sample followed for 4 years. Results presented at the Society for Research in Child Development, Society for Research on Adolescence, and the American Psychological Association. Two manuscripts have been published, one in the *Journal of College Student Development* and one in the *Journal of College Counseling*.

The College Student Adjustment Study (2000-2002): A cross-sectional sample of 400 undergraduate students was recruited to participate in an in-depth study of their college adjustment. Participants completed an extensive battery of questionnaires and participated in a Thematic Apperception Test in order to assess their representations of relationships. Results have been presented at the Society for Research in Child Development, Society for Research on Adolescence, and the International Society for Traumatic Stress Studies. One manuscript published in the prestigious APA journal, the *Journal of Counseling Psychology*.

SERVICE

UNIVERSITY-BASED SERVICE

University-Level Service:

- Interim Associate Dean, The Honors College (Jan.-June, 2007)
- Member, First-Year Coordinating Council, (Spring 2007)
- Member, Undergraduate Academic Advising Council (Spring 2007)
- Faculty Advisor, Honors College Student Council (2005-2008)
- Faculty Fellow, Honors College (2005-2008)

- Member, Honors College Curriculum Committee (2006-present)
- Member, Undergraduate Research Committee (2005-present)
- Member, University Curriculum Committee (2003-2005)
- Member, Resource Planning and Advisory Committee (2002-2005)
- Member, Student Appeals Committee (2002-2004)
- Member, PreMedical/PreDental Committee (1999-2005)
- Member, January Conference Planning Committee (2002-2003)
- Advisor, First-Year Experience (FYE) Advising Program (2001-2002; 2005-2008)

College-Level Service:

- Member, College of Liberal Arts Council (Fall 2007-Spring 2008)

Departmental-Level Service:

- Director, Psychology Department Honors Thesis Program (Fall 2008 – present)
- Secretary, Departmental Merit Committee (Fall 2009- Spring 2010)
- Chair, Clinical Area of the Curriculum Transformation Committee (2003-2005)
- Chair, Colloquium/High Tea Planning Committee (2002-2004)
- Chair, Departmental Relations Committee (2002-2003)
- Co-Chair, Counseling Psychology Search Committee (2002-2003); Clinical Psychology Search Committee (2008-09; 2009-2010; 2011-2012)
- Chair, Seven Master's Thesis Committee (Jackie Zhou, 2012-; Kristina Huber, 2011-2013; Janna Bonesteel, 2010-2011; Kristen Lapi, 2010-2011; Brian Louie, 2008-2010; Maria Hydra, 2006-2007; J. Porter Evans, 1999-2001)
- Chair, 11 Undergraduate Honor's Thesis Committees (Jennifer Daks [2011-2012]; co-chairing with Maggie Faulkner); Tess Krakoff [2011-2012]; Stacey Hottinger, [2010-2011]; Casey Anderson [2008-2009], Sasha Femoyer [2007-2008], Cynthia Hawes [2003-2005], Kristen Hood [2004-2005], Lindsey Lusigna [2006-2007], Christopher P. Terry [2001-2003], Emily Stevens [2005-2006], & Christina Vieta [1999-2000])
- Member, Ad Hoc Psychology Department Merit Review Committee (2009-2010)
- Member, Ad Hoc Psychology Department Honors Program Committee (Spring 2008)
- Member, Departmental Curriculum Committee (2003-present)
- Member, Departmental Rank Committee (2003-2005; 2007-2008; 2009-2010)
- Member, Search Committee Revision Subcommittee (2000-2001)
- Member, Curriculum Review Committee (1999-2000)
- Member, Six Master's Thesis Committee (Jennifer Willen, 2010-2012; Rebecca Tseetzal, 2010-2011; Chet Meinzer, 2009-2010; Lee Daffin, 2004-2005; John Etter, 2001-2003; Stav Gornic, 2005-2007)
- Member, Three Undergraduate Honor's Thesis Committees (Pellie Gershovsky [2004-2005], Matthew Whitehead [2001-2002], and Debra Schlundt [2001-2002])

University and Departmental Presentations and Invited Addresses:

- Key-Note Speaker, Towson University Student Research and Scholarship Expo (April, 2008)
- Speaker, Psychology Club Meeting (Mar., 2008)
- Key-Note Speaker, Psi Chi Initiation Ceremony (May, 2007)
- Presenter, New Student Core Faculty Training Institute (May, 2003)
- Presenter, January Conference (January, 2003)
- Speaker, Psi Chi/Psychology Club Opportunity Night (1999-2001)

PROFESSIONAL AND COMMUNITY SERVICE:

Psychologist, Anxiety and Stress Disorders Institute, Towson, MD. Member of a group practice providing general psychotherapy services to adults, adolescents, children, and families with anxiety disorders, depression, PTSD, behavioral problems in school, and marital conflict.

Psychologist, in Private Practice, Towson, MD. Provide individual psychotherapy and consultation services to individuals with anxiety, mood, substance use, and other mental health disorders.

Consulting Editor, Journal of Counseling Psychology, (2012-present)

Adhoc Reviewer

Social Development (2007-08)

Canadian Journal of Behavioral Sciences (2008-2009)

Journal of Applied Developmental Psychology (2008-2010)

Journal of Counseling Psychology (2007-2011)

Journal of Comparative Family Studies (2006)

Journal of Personal and Social Relationships (2006)

Journal of College Student Development (2009-present)

PROFESSIONAL AFFILIATIONS

American Psychological Association
Society for Emerging Adulthood

LICENSURE

Maryland Licensed Psychologist, License Number 3649