

## *Internship Alternatives: Assignments & Learning*

- Capstone Project

Use career resources offered by the Career Center (website, [Handshake](#)) to develop/refine an internship and/or job search strategy; move toward developing a professional network:

- Search links on [Career Center website](#) (Resources by [Major](#), [LinkedIn](#), [GlassDoor](#), [MyNextMove](#))
  - Write a one-page summary of what you learned from this activity.
  - Draft a resume using the PDFs and sample resumes on the Career Center [website](#). Send resume for review during virtual Express Hours (email Word docs to [expresshours@towson.edu](mailto:expresshours@towson.edu)).
  - Participate in a mock interview via [Big Interview](#)
  - Identify [#] internships/jobs via LinkedIn or Handshake that interest you. Research the companies using [GlassDoor](#).
  - Create a [Tiger Mentor Network](#) account.
  - Create a [LinkedIn](#) account. Research TU alumni from your major.
  - Write a reflective report about your career “journey” to summarize your findings and determine your next steps in your internship/job search.
- Conduct an Organizational Needs Assessment – Conduct by virtual interviews.
  - Career Development Plan – Put together a plan that includes the internship experience and resources from the Career Center website, Handshake and linked resources that advances the student’s progress toward degree and career-related goals.
  - Portfolio – Assemble a portfolio and/or website with evidence of work completed thus far (as allowed) to demonstrate work-based learning.
  - [Informational Interviews](#) – Conduct with supervisors and others on site by Skype or phone.
  - Book Review – Conduct a professional development book review (e.g. *Designing Your Life: Build the Perfect Career Step by Step*); provide list of resources students can virtually check out from public library or through Cook resources.
  - Online Professional Development Events – Attend a free event or check out options for free registration under a faculty member or grant funding.
  - [LinkedIn Learning](#) Certificate and Reflection – Allow students to use LinkedIn, Canva, Google Analytics, Event Brite or other resource, with approval, to learn a practical skill and earn a certificate at the same time.
  - Other suggested [Career-Related Assignments](#) can be found on the Career Center website.
  - Help a faculty member with research.
  - Volunteer [virtually] in your community (e.g. manage a website or social media campaign; develop a marketing or communications strategy).
  - Research ways that your targeted industry is affected by and managing the COVID-19 crisis.