

# Writing Our Lives

Meets at 1:00 every Thursday afternoon year-round  
on Zoom for now  
Free and open to current Osher members.

“Your life and mine is a once-told story, a blending of cherished memories of happy days, special moments, regrets, and losses. But it remains bits and pieces, fragments along the road, unless, as a result of being in touch with our story, the pattern emerges.” Richard L. Morgan, *Saving Our Stories: A Legacy We Leave*, Geneva Press, Louisville, KY, 1999.

Come join this supportive, open group as we set aside time to write our stories and explore how they create the patterns of our lives. Group leader, Linda Silvern offers a new prompt each week. You may choose to write on it or anything else you would like to write about. Those who wish may share their story and receive a constructive critique (if desired) about how it was written (not about what was written). You are welcome to come occasionally or on a regular basis.

Writing Our Lives has been extant since July 2015 and always welcomes new members.

**Please email [Osher@towson.edu](mailto:Osher@towson.edu) for more information and the Zoom link.**